

The **VAC Virginia Support of local Asthma Projects (VSAP)** is an opportunity for support of locally implemented projects sponsored by the Virginia Asthma Control Project at the Virginia Department of Health which receives its funding from the Centers for Disease Control. This funding allows VAC to support evidence-based asthma control projects to be carried out by local asthma coalitions throughout the state of Virginia. Through a proposal submission and review process, asthma intervention projects were selected to receive VSAP funds to carry out their project objectives.

VAC will support the following projects in addressing asthma across the state of Virginia:

Asthma Educator Institute Workshop

Submitting organization: American Lung Association of the Atlantic Coast

Brief project description: The scope of this project is to coordinate and implement the Asthma Educator Institute on May 15-16th. This is a preparatory course for those qualified to take the National Asthma Educator Certification Board. It is targeted to licensed healthcare professionals, social workers, and community health educators with more than 1,000 hours of working directly with asthma patients.

Support: Approved for \$4,999.

Pediatric Asthma Project

Submitting organization: Child Health Investment Partnership (CHIP) of Roanoke Valley

Brief project description: CHIP's Pediatric Asthma Project provides structured medical case management and wrap-around services for children ages 0-7 years old diagnosed with respiratory disease or asthma that is poorly controlled. A goal of this approach is to work towards the development of clients' asthma action plans. Project support will be used to provide educational videos ("A is for Asthma") and booklets (*The ABCs of Asthma*) to parents/children during home visits to reinforce parental practices geared toward symptom control and improved quality of life.

Support: Approved for \$1062.86.

Asthma & Allergy (A²) School Nurse Expert Program

Submitting organization: Consortium for Infant and Child Health (CINCH)

Brief project description: The project's goal is to improve asthma management in schools through increasing the number of school nurses who are certified asthma educators, thus providing a resident asthma and allergy expert on staff within local school systems.

Support: Approved for \$4,999.

Asthma 101 Program

Submitting organization: Consortium for Infant and Child Health (CINCH)

Brief project description: The *Asthma 101TM What You Need To Know* program, created by the American Lung Association, is a comprehensive educational program that provides basic information about asthma and its management. People with contact with children, such as coaches, teachers, home visitors, child care providers, church and faith-based youth leaders, youth activity chaperones, parents, and grandparents in the Hampton Roads region will be recruited to attend this free 30-60 minute seminar.

Support: Approved for \$3,100.

Asthma Back to School Kits

Submitting organization: Consortium for Infant and Child Health (CINCH)

Brief project description: The project aims to provide local school nurses with an easy way to prompt parents to arrange for an updated asthma action plan over the summer for their child so that asthma action plans and rescue medications are brought back to school at the beginning of the school year. Kits are given out at the end of the school year to high priority elementary school students (as identified by the school nurse).

Support: Approved for \$1,200.

Pinch of Prevention for Parents – Asthma Action Plan Module

Submitting organization: Consortium for Infant and Child Health (CINCH)

Brief project description: *A Pinch of Prevention* is a series of modules that each include (1) a pre-scripted 5-10 minute presentation on a specific health topic, to be presented by the PTA, school nurse, or other leader at a PTA or community meeting, (2) a newsletter article that can be used as a stand-alone handout for that health topic or incorporated into the organization or school newsletter, (3) a resource list for the presenter and for parents and other supporting materials. The asthma action plan module will be launched during the State PTA training meeting in July. One hundred kits will be printed for Hampton Roads area school PTA leadership to facilitate implementation of the kit.

Support: Approved for \$1,200.

Fort Lee Asthma Camp

Submitting organization: Central Virginia Asthma Coalition

Brief project description: The coalition will organize and provide an asthma camp on July 25th for children in the Petersburg, Colonial Heights, Hopewell and southern Chesterfield County areas. The day camp aims to teach children ages 6-12 and their caregivers about asthma and provide strategies for each caregiver and child to better manage the child's asthma using the Lung Association's *Asthma Camp Activities* curriculum.

Support: Approved for \$3,500.

Roanoke Camp Catch UR Breath

Submitting organization: Greater Roanoke Valley Asthma & Air Quality Coalition

Brief project description: This is a 3-day educational camp to be held at North Cross School on July 15-17th for children ages 6-12 with asthma. The camp begins with an hour each day of asthma education using the American Lung Association Open Airways evidence based curriculum. Pre/post testing is done to measure campers' knowledge change. Parents are provided with an opportunity to meet with a pediatric pulmonologist the last day of camp for a question and answer session.

Support: Approved for \$4,020.

Adult Asthma Connections

Submitting organization: Heal-thy Generations

Brief project description: The primary purpose of this project is to determine the impact of asthma on adults in the Southeast Community of Newport News and then to implement an evidence based education program target to adults in this area through a partnership with Heal-thy Generations, faith-based organizations, and parish nurses. Three to five focus groups will be conducted to assess the impact of adult asthma. After analyzing focus group feedback, the Heal-thy Generations: Adult Asthma Connections program using the *Not One More Life* screening and education program.

Support: Approved for \$1,200 to carry out focus groups.

One Day Asthma Camp for School Age Children

Submitting organization: Prince William Asthma Coalition

Brief project description: This one-day asthma camp is based on the American Lung Association's Open Airways program designed for school age children. The morning will be scheduled for educational activities; the afternoon will be scheduled for exercise activities. A pre/post survey will measure campers' knowledge change and parents and children will also fill out a general evaluation form.

Support: Approved for \$1,000.

Total project support funding amounts to \$26,280.86.

Job well done!