

Virginia Asthma Coalition
Quarterly Meeting
November 18, 2009, 10:00 AM – 2:00 PM

Members in Attendance:

Stuart Tousman, Cathy Blevins, Linda Jones, Lisa Feagan, Kelly Brown, Patti Kiger, Andrew Curtis, Marie Chapin, Sue DeJesus, Lue Grimes, Amy Paulson

TOPIC	DISCUSSION	ACTION/FOLLOW-UP
Welcome & Introductions	The VAC general meeting was facilitated by Stuart Tousman, VAC Chair. The meeting was started at 10:12 AM. Members present introduced themselves.	
Asthma Self Management Program <i>Stuart Tousman</i>	<p>“An interactive conversation about ASMP and its future...”</p> <ul style="list-style-type: none"> • Goal of program – to allow adults with asthma to take responsibility for their disease management using a behavior modification system in a small group setting for schema and knowledge-based representations of how an individual’s disease should be correctly managed. • Group buy-in & self-reflection allow for education to be initiated by participants, with a facilitator to support the group • Surveys, scales, and other assessments tools used to track progress • Point system (similar to Weight Watchers model) created to improve asthma management on a daily basis • 95% retention rate; mean age of 55; 95% of participants female; one 2 hour session for 8 weeks; 44 participants thus far 	For more information contact SATousman@carilionclinic.org
Asthma in Virginia-Going Forward...Asthma State Plan 2010-2015 <i>Patti Kiger</i>	<p>Patti Kiger is a consultant from Eastern Virginia Medical School and will be developing the new Asthma State plan based on the information and input received from stakeholders throughout the state</p> <ul style="list-style-type: none"> • VAC is to be the primary stakeholders in this process • “Model of Diabetes State Plan Index” – by Butterfoss & Dunet – a transferrable model of key ingredients to a comprehensive chronic disease state plan • All individuals and organizations linked to asthma should have involvement in the process • Methods – regional asthma dialogues, members survey, key informant interviews, presentations, and edits <p>Comments/Concerns:</p> <ul style="list-style-type: none"> - A lot of people confuse VAC’s strategic plan with the State Plan - Is the state plan going to be the VAC’s or VDH’s? <p>Responses:</p> <ul style="list-style-type: none"> - VAC’s strategic plan should be the state plan - The plan should be one in the same; with a living, breathing document it will serve the VAC as well as other organizations involved 	<p>Identify volunteer local contacts for dialogue scheduling:</p> <p>Eastern Shore - Hampton Roads - Richmond – L. Grimes N. Virginia – L. Feagan Farmville - Charlottesville - Roanoke/Lynchburg – S. Tousman Appalachia/Lenowisco – C. Blevins</p> <p>Identify Key Informants</p>
Looking for a “Few Good Members: VAC 2009-2010 Leadership Elections”	New Vice Chair announced - Laura Burns with Chesterfield Health Department	
Action Team Progress & Projects	Website Action Team – Big Changes Ahead! Overview and background given by Amy P. Website review given by A. Curtis – needed updates and dead links identified (table attached to agenda)	Members review links and website update suggestions

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	<p>Asthma Action Plan Team – New Online Form! Overview given by S. Tousman; forms provided by S. Southard Fill-in form available; Spanish version coming soon</p> <p>Communication/Training Action Team – Online Training Modules! Last meeting in July – 4 modules to be developed A great way to reach members and specific groups likely to work with people with asthma Modules include: NHLBI module, School module, Coaches modules, and Daycare module</p> <p>Comments/Concerns: Suggestion for modules of certificates for completion Suggestion for modules of a nurses module because their training is more intensive Suggestion for modules of questions imbedded in the module to make more interactive and pre and post evaluations</p> <p>Responses: Suggestion noted Nursing module not needed b/c training is similar Suggestion noted</p>	<p>VDH Office of Minority Health & Health Policy to review Spanish version</p> <p>S. Tousman will take lead - Will schedule conference call for modules</p>
<p>What Next? Major Goals for 2010 & Beyond</p>	<p>Major goals include: Asthma Action Plans Asthma Module Website Updating State Plan Recruitment and retention Identifying VAC’s future direction...</p>	
<p>A Few More Good Members VAC Member Recruitment</p>	<p>Fredricksburg – Kelli Brown reporting Coalition - Previous coalition was not a formal coalition with goals but had a local physician very involved (Peter Smith 371-5660). The program was active in schools and worked with nursing to adopt asthma management plans and use an asthma action plan. Coalition is not currently active. There is interest in starting a new coalition with formal goals and activity plans. Mary Washington Hospital Asthma Program – Kelli’s predecessor was engaged in community based work, such as Power Breathing in Stafford City Schools. But, the position was cut and the focus changed to decreasing hospitalizations and focusing on hospital care. JACHO standards focused on inpatients and tracking readmission rates. They use a family centered model of care. They’ve been able to impact readmission rates. Currently have a research project around pathways and standards of care for asthma. They also have a teen group and smoking cessation. They are currently looking at implementing the IMPACT DC model which used a clinic within the ED to address asthma management issues for low income/high risk children. They hope this model will allow them to connect primary care with hospital care.</p> <p>Warrenton – Linda Jones reporting</p>	<p>Kelli shared that Mary Washington uses the Pathway and Asthma Scoring System. She offered to share this information with others. Group discussed a possible conference call for area hospital systems to discuss and share the models that they learned to develop an asthma learning collaborative for hospitals. VAC can set up this call through GoToMeeting but we need a sponsor if the number is to 1-800.</p>

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	<p>Linda reports that she works for a local hospital (Fauquier Health System) as a Respiratory Therapist in the hospital setting. She is not sure what education the hospital gives and wants to access some of the many resources discussed at the meeting. An obstacle in her setting is that the hospital tends to only focus on care outcome measures – such as COPD and pneumonia.</p> <p>Galax/Southwest Virginia – Cathy Blevins reporting There is no active coalition for asthma in Galax/Southwest Virginia right now. Roanoke offered to work with this area. There are other existing strong coalitions that may be approached to start an asthma focus rather than create a new coalition. Cathy is the Western District Leader for the Respiratory Therapists Society and is willing to share information to get them more involved in VAC and local activities. There are opportunities to work with local community college students.</p> <p>Richmond Area – Marie Chapin reporting Central Virginia Asthma Coalition - CVAC focused on an asthma camp this past summer as their major project. They had some challenges in working with the military for the Ft. Lee facility. They have regular meetings and a formed coalition with 501c3 status. Marie is not sure where they are right now in terms of activities. They are trying to figure out how to use the energy the most efficiently to address recruitment/retention issues. Job changes locally have impacted the coalition. CARMA Project – The grant ended and the focus of the project changed to care coordination of high risk children. PICU/Peds and Emergency Department referrals result in inpatient education, discharge management, and follow up via case management and linkages with the schools and headstart.</p> <p>Hampton Roads – Amy Paulson reporting CINCH Coalition – CINCH is moving forward after having made changes to the structure. Work related to asthma now resides within its Chronic Disease Collaborative’s Respiratory Health Action Team. The group will continue to implement the Asthma & Allergy School Nurse Expert Program. Asthma 101 is finishing up.</p> <p>Surry County – Amy Paulson reporting There is a new coal powered energy plant being placed in Surry County. Local groups are concerned about the respiratory health impact of this plant. They are looking for help. The issue is very political so the local health department is not really taking a stance on this. The group discussed if VAC should become involved but no resolution was reached.</p> <p>Roanoke – Stuart Tousman reporting Roanoke coalition – Will be regrouping now that their work in helping to recruit for self-management classes will be winding down. They are still meeting and still an active coalition. They offered to provide some support to a new southwestern group by meeting possibly halfway between their localities. They have a diverse representation and include some air quality partners.</p>	
	<p>Map of Activities, Programs and Initiatives attached to agenda Areas of asthma involvement identified. List of potential organizations presented</p> <p>Comments/Concerns:</p>	<p>Identify contacts in areas of need Contact organizations for new involvement</p>

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	VAC membership may need to change (annual dues, enforcement of attendance policy, etc.) Difficult discussions about VAC's future direction may need to be addressed in the near future...	
Next MEETING	January 20, 10:00 AM – General Member Call RSVP will be sent out first week of January Call-in number & passcode TBA	
Adjournment	Meeting adjourned at 1:58 PM	